



DISCIPLESHIP TRACK: START HERE

WHAT TO EXPECT

We are excited that you have committed the next six weeks to learning and applying Christ-centered rhythms and habits for your home through intentional family discipleship. You will meet via zoom, bi-weekly, with a ministry leader and other parents. We offer three groups, a Northern, Central, and Southern group, each at different times. Once registered, you will receive a confirmation email with meeting times, dates, and a Zoom link. You can expect to meet via Zoom for one hour, three times over the course of the six-week period. At each meeting, we will review the Christ-centered rhythms and habits and discuss the application of those habits through the framework of intentional family discipleship of *Time, Moments, and Milestones*. You will be equipped with tools and resources to put everything you learn into practice. At the end of the six weeks, groups will meet in person to celebrate the work God is doing in your family!

THINGS YOU NEED

You will need the weekly resources, a Bible, and something to write with. Please access the weekly resources on our No Ordinary Family website. The resources are organized by week.

HOW TO USE THE RESOURCES

The weekly resources are tools for you to use in practicing your Christ-centered family rhythms. Each week your family will have a devotional that highlights a specific Christ-centered rhythm. Each meeting will introduce practical tools such as calendar templates, discipleship language resources, and ideas for marking and celebrating what God is doing in your families' lives. You'll be able to reference these resources as you build up your family discipleship practices.

THE CHRIST-CENTERED RHYTHMS AND HABITS FOR YOUR HOME

- Time with God: Spending time in the Word, worship, and prayer as a family
- Sharing your Faith: Sharing the love of Christ as a family
- Listening to the Holy Spirit: Responding to God's leading as a family
- Boundaries: Establishing guardrails for righteous living as a family
- Stewarding your Gifts: Knowing your family's gifts and learning to give those away
- Pursuing and Prioritizing Rest: Managing time and schedule as a family to the glory of God
- Family Partnerships: Knitting yourself to and investing in other families

FAMILY DISCIPLESHIP THROUGH TIME, MILESTONES, AND MOMENTS

- Family Discipleship: Family Discipleship is growing in your relationship with God as a family.
- Family Discipleship Time: Part of family discipleship is creating intentional time built into the rhythm of the family's life for the purpose of thinking about, talking about, and living out the gospel.
- Family Discipleship Moments: Part of family discipleship is capturing and leveraging opportunities in the course of everyday life for the purpose of gospel centered conversations.
- Family Discipleship Milestones: Part of family discipleship is marking and making occasions to celebrate and commemorate significant spiritual milestones of God's work in the life of the family and child.

Adapted from *Family Discipleship* by Matt Chandler and Adam Griffin. For more information on the Family Discipleship model, visit <https://www.thevillagechurch.net/connect/family-discipleship>.

FAQ'S

Q: There are three groups; which one do I sign up for?

A: The groups are organized by campus: Northern (WOR, SPG, HFD); Central (MDS, NBR, NTH); and Southern (NHV, GBPT, STM). Please join your designated campuses' group. Register for a group on the No Ordinary Family website www.voxchurch.org/noordinaryfamily.

Q: What if the scheduled time for my group does not work for me?

A: You can join another group that aligns better with your schedule, even if it is not designated for your campus.

Q: If I miss my group's meeting time, can I hop into another group that week?

A: Yes, you can join another group for that week; please contact your group leader for another groups contact information.