

Christian Counselors Referral List

updated June 2022

SOUTHERN CONNECTICUT

Anchored Soul Counseling

NORTH HAVEN, CT

262 State Street Suite C (Back of the Main Building)

North Haven, CT 06473

[\(203\) 408-2146](tel:(203)408-2146)

Insurance Accepted: Husky, Aetna, Anthem BCBS & Out of Network

anchoredsoulcounseling.com

Shane Mahon, LCSW & owner

Specializes in: Men's issues, Trauma & PTSD (certified in EMDR treatment), ADHD, Anxiety & Depression

Dayna Metzger, LPCA

Specializes in: teen and young adults with anxiety and depressive disorders

Christine Silva, LMFT

Specializes in: Eating Disorders, Grief, Depression, Anxiety, Life transitions and Emotion Regulation

Safe Harbor Christian Counseling

safeharborct.com

VARIOUS LOCATIONS AROUND CT

1-800-305-2089

Insurances accepted: Aetna, Anthem, Magellan, Medicare/Medicaid

Kathryn Culbertson, LCSW: (203-397-6058)

Specializing in: Anxiety, Depression, Behavioral challenges, Family dynamics, Life transitions, Social skills and development, Grief counseling, Divorce, Parenting

Amy Mueller, LCSW:

Specializes in: Families, adolescents, addictions, personality disorders, trauma, ADHD, anxiety, depression and crisis intervention

Rob Hutter, LPC:

Specializes in: Couples/Marriage, Premarital Counseling, Adults, Adolescents, ADHD, Anxiety, Depression, Men's Issues and Addictions.

Jeff Parent, LPC:

Specializes in: Children and Adolescents, Play Therapy, Grief and Loss, Crisis Intervention and Men's Issues.

Patty Giannattasio, LMFT

Specializes in: grief counseling

461 Main St

NIANTIC, CT

860-799-1100

Insurance accepted: Aetna, Cigna and Evernorth, Harvard Pilgrim, Husky | CT BHP, Optum, Oxford, UnitedHealthcare UHC | UBH and Out of Network

Keith Osborne, LCSW and Linda Osborne

Specializes in: Marital Counseling

KENSINGTON, CT

860-798-6421

Jeff White, LMFT – Renewed Counseling Associates

FAIRFIELD, CT

Specializes in: Marital Counseling & Family Therapy

Renewcounselingassociates.com

203-450-2665

Carolina Bunta, LMFT – Creative Harmony’s Clinical Services

HAMDEN, CT

Specializes in Marital & Premarital counseling, trauma & PTSD

www.creative-harmony.org

2911 Dixwell Ave

Unit B-11

Hamden, CT 06518

(475) 224-4755

Insurances accepted: Aetna, Anthem, BlueCross and BlueShield, Cigna and Evernorth, Husky | CT BHP, Medicaid, Optum, UnitedHealthcare UHC | UBH

Ashley Hine Lunt – ATR-BC, LPC

GUILFORD, CT

wholeheartarttherapy.com

303 Church St

Guilford, CT 06437

(203) 533-2351

Christian Counseling & Family Life Center

SHELTON, CT

16 Ripton Rd
Shelton, CT 06484
203-929-1117
www.christiancounselingflc.org

NORTHERN CONNECTICUT

Charis Network – *The Charis website is a tool, managed by Urban Alliance, that can be used by individuals and organizations to help connect people in need of support to high-quality professional counselors, support groups, and specialized support services offered from a Christian perspective.*

www.charisnetworkct.org

Kate DeCiccio, LPCA - Seasons's Counseling, LLC

(860) 406-5960

Insurance not accepted; out of pocket fees